



American Legion Post 318 Newsletter



“For God and Country”

July 2022

Commander’s Corner

We have our new slate of officers for the 2022-2023 year! Our slate of officers was voted in by acclamation at the May 11th General Meeting, and were sworn in at the June 8th General Meeting.

We want to sincerely thank our former officers, who have done an outstanding job serving Post 318 for many years. Former Adjutant, Dan Wolfangel, and former Chaplain, Jerry Porter, have both stepped up to keep our Post operating as a benefit to our members, our community, and our young people.

We also want to thank the other officers who will continue to run Post 318. Our new Adjutant, Bob Carey, and our new Chaplain, Rob Heberly, are still learning their new jobs, and we sincerely thank them for stepping up this year!

As the year progresses, please let our officers know how much they are appreciated!

Lee Stegmann
Post 318 Commander

Post Clean Up Schedule

We need help to clean up the Post on Tuesdays at 9 AM. Please come out and help! This is the day of the week we have to clean up the Post! Bob brews fresh coffee, and Mike Stringer usually brings donuts, muffins or cookies!

Ed Sears and Bob Alfieri

The VA is here for you!

If you have a problem, [1-800-698-2411](tel:1-800-698-2411) is always the right number!
[Veterans Crisis Line: 1-800-273-8255](tel:1-800-273-8255) and press 1, [Chat](#), or Text 838255.
[Homeless Veteran Resources: 1-877-424-3838](tel:1-877-424-3838) or [Chat](#)
[White House VA Hotline: 1-855-948-2311](tel:1-855-948-2311).

U.S. Department of Veterans Affairs

“The message we want to share about PTSD is one of hope,” says Dr. Paula Schnurr, executive director of the National Center for PTSD. “PTSD is treatable and it’s a normal response to trauma, not a sign of weakness. If you have PTSD, you can get help. Taking a PTSD self-screen is a step toward recovery.”

A PTSD screen, or screening questionnaire, is a short set of questions. The screen helps you understand if your feelings and behaviors are related to PTSD. One screening questionnaire is the [Primary Care PTSD Checklist, or PC-PTSD-5](#). The PC-PTSD-5 is only five questions.

After taking the PC-PTSD-5, you add up your “yes” answers. If your score is three or more, you may have PTSD. The next step is to schedule an appointment to speak with a health care provider.

If you answered yes to one or two questions, and are bothered by your symptoms, you can still make an appointment. A health care provider can help you make a plan to manage the things that continue to bother you since the trauma.

The PTSD self-screen is always available, so you don’t need to wait. If the results of your screen suggest you may have PTSD, you’ll need [to find a mental health care provider](#). There are [Veteran-specific services](#) at every VA Medical Center. And if you’re not sure how to start the conversation with a provider, you can tell them you completed a PTSD screen or take a copy with you.

“Oftentimes family and friends will notice a change in a trauma survivor, and they can be a great source of comfort and support,” says Schnurr. “It’s very common for Veterans to enter treatment because of their family.”

No matter what type of trauma you experienced or when you experienced that trauma, treatment can help. If you think you’re experiencing symptoms of PTSD, take the [self-screen](#) and reach out to a provider today.

4th of July Parade Info

Members who signed up for the parade need to be at Nordica Lane, just east of Dunkin Donuts, by 9:15 AM. The road will be closed at 9:30 AM. The parade starts at 10 AM and we're first in line. We will assign cars from 9:00 to 9:15 AM at the starting point. We should have approximately 10 cars for members to ride in.

Dress in patriotic red, white and blue shirts etc. Ball caps representing members branch of service should be worn. If you have an umbrella you might want to bring it along. We will not be meeting as we have in the past so you need to arrange your own drop off and pick up. If you need to be picked up at the ATC, call 513 470 6588 and we'll work out a ride for you.

We have 4 Color Guard walkers this year and everybody else is riding. If not carried by our SAL members, Service Flags will be carried in cars. All other members will be riding.

Members who signed up for the parade on the 4th for Color Guard duty are: Ed S., Rob H., Jerry P., Kirk M. Full CG uniforms will be worn, (might be too hot for the ascot). I will pick up rifles and flags and holders and have them ready at the starting point on Nordica Lane, just east of the Beechmont Ave. Dunkin Donuts.

. If you have an umbrella you might bring it, just in case! Questions? Call me at: (513) 470-6588.

R. Caskey
Sgt.-at-Arms

Sons of the American Legion

We have 3 SAL members at who have volunteered to lead the Anderson Township 4th of July parade! They will carry the Anderson Township Parade sign at the front of the Post 318 members in classic cars. SAL Squadron 318 Commander, Chris Short, and SAL Members Rick Barrick, and Eddie Scott will carry the Township sign, and other SAL Squadron members will carry our Service Flags.

Chris Short
SAL Commander

Charities, Inc. Support

Please remember that there are two corporate programs that contribute to CI (Charities, Inc.) based on your support for their businesses. All you need to do is sign up, select CI as your cause, and they will contribute a portion of your spending to CI. Details are listed below:

Kroger Community Rewards – If you are a Kroger customer and are not supporting a charitable organization through ***Kroger Community Rewards***, we would encourage you to do your part to support your Post! Go to www.kroger.com and register for the Kroger Community Rewards program and select ***American Legion Post 318 Charities, Inc.*** as your cause.

Amazon Smiles – If you shop at Amazon.com and select ***American Legion Post 318 Charities, Inc.*** as your charity, Amazon donates 0.5% of all eligible purchases. To maximize our revenue opportunities, please share this information with family and friends.

Don Bishop
President, Charities, Inc.

Post Officers & Committee Chairs:

Commander:	Lee Stegmann	513-967-9613
1st Vice:	Bob Kamman	513-545-5237
2nd Vice:	Kirk Minnich	513-594-5339
Adjutant:	Bob Carey	513-313-7369
Asst. Adjutant:	Dan Wolfangel	513-474-9577
Finance Officer:	Randy Lindsey	513-374-2099
Chaplain:	Rob Heberly	513-550-6601
Sergeant at Arms:	Ralph Caskey	513-470-6588
Bingo:	Ed Sears	513-474-0246
Event Coordination:	Ken Knight	513-675-5234
House:	Bob Alfieri	513-232-0309
Service Officer:	Charlie Cleves	513-232-7767
Charities Inc. Liaison:	Don Bishop	513-474-4194
Corp. Statutory Agent:	Dan Wolfangel	513-474-9577
VA Volunteer Service:	Jerry Porter	513-528-1557
S.A.L. Adviser:	Tony Capetillo	513-633-1667
S.A.L. Commander:	Chris Short	513-460-4560
Asst. Finance Officer and		
Newsletter Editor:	Joe DuBois	513-582-8477

Next General Meeting is on July 13th at 7PM.
EC Meeting is on July 27th at 7PM.
S.A.L. Meeting is on July 6st at 7PM.

Bingo

I want to again thank all the people who come out to help set up for Bingo, along with all of the people who come out and work Bingo for the POST. If you would like to play Bingo, we play almost every Sunday night. Doors open at 4:30 PM. and play starts at 6 PM, sharp!

Come early and have supper or snacks at our concession stand! We have good food, good cooks and good prices!

Please consider helping us out on Sundays. The jobs are easy to learn, and about half are completed by 7:30 PM. We are usually finished with all jobs by 9:30 PM or 10:00 PM. Thank you!

We are looking for one or two people who would like to learn how to call Bingo numbers for us once in a while. We will teach you how to run the new console. If you are interested, contact Ed Sears: emsears1969@gmail.com.

Ed Sears
Bingo Chairman
513-474-0246

All Post 318 ZOOM Meetings

ID: 3959722502, Password: Post318 (Capitol "P" and no space between Post and 318 is necessary in the password.)

If you can't attend the monthly General Membership Meeting, please use the Zoom application and the ID & Password provided above! Log on, mute your microphone, then listen and observe the meeting. We need your attendance, since we can't do business without a quorum. We need you there on Zoom!

Randy Lindsey
Zoom Chairman

4th District Activities

Dept. of Ohio Golf Tournament, Saturday and Sunday, July 30th & 31st, 2022, at the Elks Run Golf Course, Batavia, Ohio.

4th District Golf Outing, 9AM Shotgun Start, Sunday, August 14th, 2022, at the Eagles Nest Golf Course, Loveland, Ohio.

Post Finance Report

All bills are paid, we have a positive cash flow, and Post 318 is solvent! (And I am on vacation!)

Randy Lindsey
Finance Officer

Post Activities

Aloha! I want to thank everyone who came out for the cookout at the Post on June 18th! We had our biggest turnout yet with close to 60 people, many of whom wore their best Hawaiian shirts!! There were some great designs. Special thanks to Ed for cooking up the fries, Ralph for coordinating the classic cars, Ken & Steve for helping tending bar and Jerry for helping run food. I hope everyone had a great time and if you missed it, you can join us at the next one scheduled for August 20th!

On Saturday, July 16th, we will be having our Annual Award Night starting at 7PM in the Main Hall. The Post will be recognizing members of both the Post and the community for their contributions and accomplishments over the past year. Please consider joining us to help show appreciation to those being recognized. There will be light refreshments provided after the event.

Our next Post activity will be the annual Ice Cream Social on August 20th. More details will be coming soon. The regular events of Bingo and Euchre are scheduled as normal. Please check the Post calendar for more details. Karaoke will be taking the summer months off but will be looking to return in the fall.

I hope everyone has a Safe and Happy 4th of July!! Hopefully we will get to see you along the parade route.

Kirk Minnich
2nd Vice Commander

House Plans

The E.C. has approved new toilets to replace the ones which have had problems for several years.

We now have a large recycle bin located behind the Post. Please do not leave recyclable cardboard boxes by the back doors! Please break the boxes down and place them in the recycle bin!

Bob Alfari

**2022 Annual Awards and Recognition
Program on July 16th!**

Please mark your calendar, and plan to attend Post 318's "2022 Annual Award and Recognition Program" which this year will be held on **Saturday, July 16th, at 7 PM.**

This year we will be presenting awards to students participating in our local Legion Looking "Americanism Programs", recognizing students receiving "Post 318 Scholarships", and recognizing our local "Firefighter of the Year" and "Law Officer of the Year". We will also be recognizing, then presenting pins to our many Post 318 Members who have completed another five years of "Continuous Legion Membership and Service". Last but not least, we will be recognizing our Post 318 members who have passed on to "Post Everlasting" during 2021.

We hope to see you there for a fulfilling evening, showing support from and to our membership, followed by refreshments.

Bob Carey
Adjutant, Post 318

At all VA locations by the end of August!

Check-in for your next VA appointment might be different next time you come in. Beginning this summer, some VA facilities will allow Veterans to do one or both of these:

- Start the check-in process up to seven days in advance of the appointment.
- Check in at the clinic using your smartphone on the day of your appointment.

As part of how VA is modernizing the way Veterans receive care, VA received extensive feedback from Veterans and caregivers about how the checking-in process can be made better, especially for those who use assistive technologies to access their benefits online.

VA's Office of Information and Technology, partnering with VHA, has applied this feedback to the design of the new, modernized patient check-in application coming soon to your location.

VA is deploying the application at facilities geographically. Deployment within all VISNs will occur by the end of August, 2022.

Karaoke Report

Gross proceeds were not great, but attendance has been increasing since we started, so we will probably sponsor Karaoke at the Post again, after a summer break. If we do restart our Karaoke we will begin in August or September of 2022.

Dan Wolfangel
Event Lead

July 2022 Membership Report

We enter July over quota; great effort to all that assisted us getting there.

2022 Membership Scoreboard

Paid as of 5/31/2022	177
2021-2022 Post Goal	170
% of Goal	104.1%
2021-2022 Quota	169
% of Quota	104.7%
Required for Quota	0

We have several members who the Post pre-paid their dues for, and they haven't reimbursed the Post for that expense. They won't receive a membership card until their dues have been paid to the Post.

We also have 2 veterans who plan to transfer to Post 318 soon. For God & Country,

Robert Kamman
1st Vice Commander
Membership Chair

Department of Ohio Convention

The annual Department of Ohio convention is being held in downtown Cincinnati in July 1st thru July 3rd at the Netherland Plaza Hilton.

We have 3 delegates who will represent Post 318 at the convention. Commander Lee Stegmann, 2nd Vice Kirk Minnich and Statuary Agent Dan Wolfangel will attend meetings and report the results of the activities next month.


Joe DuBois
Editor

In Memory of Rob Alfieri

With deep regret we recognize the loss of Bob & Linda Alfieri's son, Rob, to a short, but courageous battle with cancer. He is survived by his son, Joseph, and by his beloved wife Joanne. He is also survived by his parents, Bob and Linda, and by his sister, Kassie, and his brothers, Marty and Mike.

Services were held at the Saint Rose Catholic Church on Riverside Drive on June 16th, followed by a "Celebration of Life" at the Post. More information is available on the TP White & Sons website.

In Loving Memory
Robert L. Alfieri, Jr.
"Rob"



December 8, 1965 – June 7, 2022

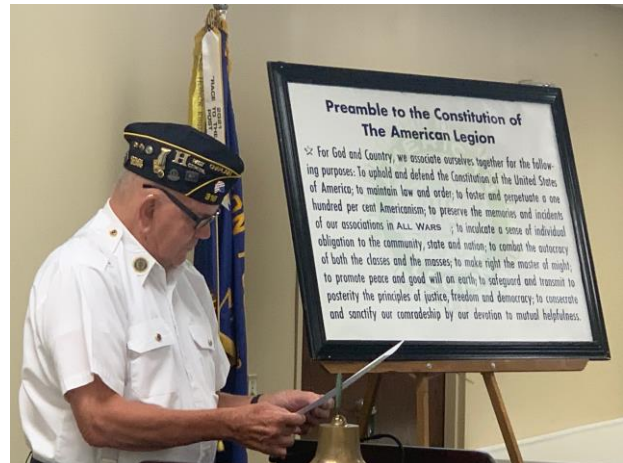
In the hearts of those who loved you, you will always be there.

Rob retired from the Clermont County Engineers Office after 27 years of service. Rob was a Boy Scout, Eagle Scout and eventual leader for many years at Guardian Angels Parish. Baseball was a passion for Rob. He coached for teams with Mt Carmel Christian Athletics and the Cincinnati Fury.

One of Rob's favorite prayers: "Prayer to the Guardian Angel: Angel of God, My guardian dear, To whom God's love Commits me here. Ever this day be At my side, To light and guard, To rule and guide."

New Post 318 Officers!

Our new Officers were sworn in at the June 8th General Membership Meeting.



Swearing in of Post 318 Officers for the 2022-2023 year was conducted by Chaplain Jerry Porter.



Ralph Caskey, Rob Heberly, Bob Carey, Randy Lindsay, Kirk Minnich, Bob Kamman and Lee Stegmann take the oath as Post Officers for 2022-2023.

Our new slate of officers is now installed, and performing their appointed duties! However, we are still missing leadership in the areas of Fundraising, Americanism and Community Support. If you are interested in working in any of these areas, please contact Commander Lee Stegmann, or any other officer, for information on how you can help the Post in any of these important areas! These leadership chairmanships are also open to members of our SAL Squadron.